
TELLTALE

Indian Harbor Yacht Club Junior Sailing

Sprites

We have another two full sprites classes this session with some returning sailors from the first few weeks. We had some pretty breezy days, but the sprites quickly got used to heeling in an Ideal-18 and loved sailing fast in the heavy wind. They are already wishing for more wind on lighter wind days. By the end of their first week, the sprites can trim the jib and main sails for us, as well as take turns steering when it's not too choppy.



Cole and Owen Stephens, Sprite 1s



Emmeline Gerardi, Sprite 2

Opti Is

With many new sailors coming this week, Opti Is spent the week doing thorough chalk talks every morning and basic drills on the water to practice points of sail and sail trim. By the end of the week, they were focusing on mark roundings and doing triangle race courses in preparation for the Green Fleet Monkey Cup Regatta at Riverside Yacht Club next Friday August 5th. We are all so excited for our newest Opti sailors to be participating in this really fun day!



Henry Sorbaro sailing downwind with his centerboard halfway up- a racing technique to decrease drag in the water.

Opti 2s

Opti 2s gained some young talent from the first session Opti I group this week. They refreshed their memory of proper sail trim. The group also worked on drills to reinforce basic techniques of how to keep the tiller straight and your eyes ahead while tacking and switching hands, and how to trim the mainsheet while keeping one hand on the tiller. Andrew and Nick also introduced the more challenging skill of roll tacking towards the end of the week.

Opti Afternoon

The Opti afternoon group has been having a ton of fun with the great wind we've been having in the afternoons. They focused a lot on upwind sailing in the beginning of the week as it is one of the hardest points of sail to master. By the end of the week they were sailing the triangle courses that the Opti race group was racing on. We were impressed by how well all the beginning sailors could manage the heavier wind.

Opti Race

The Opti race group really jumped in size this session, with the majority of the group returning for second session and many new additions. Some rapidly improving Opti 2s have also joined the race team this week. They have been able to get a lot of practice races in each day. With the heavier wind, the group was also able to learn about and practice using sail controls such as the vang, outhaul, etc. for different weather conditions.



Emmett Debs sailing upwind out of the harbor.

Adventure

The adventure class is also growing in size. The group is still loving the Hobie Cat Getaways and everyone is getting very good at skippering it. The group now takes the boat out on their own with Nick in a coach boat. They are having fun sailing around to explore nearby islands.

420/Laser Race

The 420s and Lasers started this week at Cedar Point Yacht Club for Cedar Point Race Week on Monday and Tuesday. They were surprised with the amount of wind they had out there and were able to get in a ton of races each day. With everyone back at IHYC for the rest of the week, the group worked on upwind sailing with trapeze and downwind with proper spinnaker trim.



Cedar Point Race Week- getting ready for a race to start