2017

Yacht Racing Association of Long Island Sound Connecticut Area

One Design and PHRF Racing

Sailing Instructions

RULES

This Series will be governed by rules as defined in The Racing Rules of Sailing (RRS), and the prescriptions of U.S. Sailing and the Ideal 18 and Laser class rules, and the current PHRF regulations as administered by the YRALIS.

NOTICES

Notices shall be posted on each of the four sponsor clubs official notice boards.

CHANGES TO THE SAILING INSTRUCTIONS

Any change to this document will be posted before 2400 of the Wednesday proceeding the day it will take effect. Any such changes will be communicated to the class representatives (see Appendix A). Oral changes to the sailing instructions may be made on the water per RRS 90.2(c).

ENTRIES

On any race day, competitors enter by sailing to the starting area, announcing the name of the skipper, vessel number, and club affiliation to the Race Committee ("RC") prior to the class' first warning. PHRF boats, in addition, will announce their rating and their decision to fly a spinnaker or not. Failure to check-in may result in the vessel not being scored. A change of skipper from race to race shall be announced by the skipper and acknowledged by the RC prior to the race's warning signal.

SCHEDULE

- Racing will be held Sundays June 4 to September 17 except June 18 (OGYC Solstice Regatta), August 5 (YRALIS Championship Regatta), September 3 and September 10. Participating classes may choose to not race on specified days. Any non-sailing days will be communicated by fleet representatives to their members and that day's race committee. PHRF starts will be offered: June 4, June 25, July 9, August 20. See Appendix A for details.
- The starting sequence of the first warning shall be 1345 for PHRF and 1400 for one-design vessels. Races will start as soon as possible after the last vessel finishes.
- No warning signal shall be made after 1700
- As many races shall be run each race day as practicable

RADIO COMMUNICA-TIONS

For PHRF classes, the race committee may use VHF Channel #65A to make course and OCS announcements. Failure to make such a hail, failure of a boat to hear such a hail or the order of hailing, shall not be grounds for redress.

RACING AREA

The racing area will be $\frac{1}{4}$ NM southeast of Red Rock in Captains Harbor. PHRF racing may include Long Island Sound.

- The starting line shall be between a staff displaying a colored flag on the signal boat on the starboard end and a mark on the port end.
- The finishing line shall be between a staff displaying a colored flag the port end and a mark (T) on the starboard end.

 The Start / Finish line is open and may be disregarded when not starting or finishing.

STARTING PROCEDURES

- One-designs shall be given a three minute sequence as per RRS Appendix U.
 The RC may orally modify this to a two minute sequence. The PHRF division shall use Rule 26, a five minute sequence.
- Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. Failure to do so can result in disqualification by the race committee without a hearing.
- A boat starting later than five minutes after her starting signal will not be scored. This changes rule A4.

CLASS FLAGS & NUMBER ASSIGNMENTS

Class flags / number: Ideal 18 – 1; Lasers – 2; PHRF – 9. Any additional classes shall be given a class flag/number assignment on the water.

COURSE AND MARKS

- One design courses will be announced orally and may be posted; PHRF courses will be displayed vertically under "9" and reference Appendix D.
- Rounding marks for one-design courses shall be left to port.
- A boat that passes north of Red Rock buoy or New Foundland Reef buoy or south of Hens and Chickens Can C-1A or Cormorant Reef Nun 4 shall be deemed to have not sailed the course and may be protested by other boat. If observed having done so by the race committee, such boat shall be disqualified without a hearing.

TIME LIMIT

- The time limit for the first boat to finish for any one-design class is 45 minutes; for PHRF classes, the time limit for the first boat to finish is 2 hours.
- One-design boats that fail to finish within ten minutes, and PHRF boats that fail to finish within 45 minutes after the first boat in their class sails the course and finishes (the time limit window) will be scored time limit expired (TLE).
- Boats scored TLE will be awarded a finish equal to the last boat in her class that finished within the time limit window made worse by two but not worse than DNF. This changes rules 35, A4 and A5.

PENALTIES

- The first two sentences of rule 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.
- RRS Appendix V2, Penalty Taken After a Race applies whereby a boat may make a post-race penalty of 30% per rule 44.3(c) but shall not be taken after a protest hearing involving the incident has begun.

PROTESTS

- Boats shall announce their intention to protest as soon as possible at the end of the race and repeat such announcements until acknowledged by the Race Committee.
- Protests shall be in writing and delivered to any of the sponsoring club's Race Committee (or its designee) prior to 2000 of the day of racing
- Per Appendix T, arbitration will be held prior to a protest hearing subject to the terms of the Section.
- Hearings will be held at the Club of that day's race committee at 2000 on the
 Wednesday following unless the parties agree to an alternative time and/or date.

SCORING

- The RC will record the finishing information and email a scan or photo of it to each of three class representatives listed in Appendix B.
- Calculating the scores are be the responsibility of the individual classes and Clubs.

PHRF scoring will be time-on-time using a time correction factor equal to 650/(550 plus boat rating)

PRIZES

- Fleets with sufficient qualifiers will be awarded prizes by the YRA of LIS.
- To be eligible for YRA prizes, competitors must be members of the YRALIS (visit www.yralis.org for sign-up instructions).
- Additional prizes may be awarded by the individual fleets.

DISCLAIMER OF LIABILITY

Competitors participate in the series entirely at their own risk, as per RSS 4,
 Decision to Race. The organizing authorities will not accept any liability for material
 damage or personal injury or death sustained in conjunction with or prior to,
 during, or after the series.

Appendix A: Race Committee Assignments

Date	Host Club	Date	Host Club
June 4	Belle Haven	June 11	Indian Harbor
June 25*	Riverside	July 2	Indian Harbor
July 9*	Old Greenwich	July 16	Belle Haven
July 23	Riverside	July 30	Old Greenwich
August 13	Old Greenwich	August 20*	Indian Harbor
August 27	Riverside	September 17	Old Greenwich

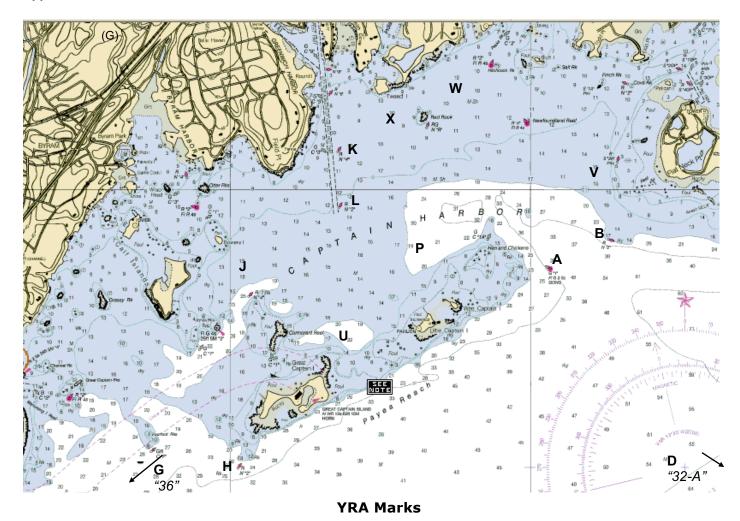
^{*}Indicates days on which PHRF starts will be offered

Appendix B: Class Representatives

Ideal 18	Laser	PHRF
Christine D'Amico	John Killeen	Richard C. Sinclair
cdamico07@gmail.com	killeen_john@hotmail.com	http://Richard.sinclair@ml.com

Appendix C: Host Clubs & Committee Assignments

Belle Haven C	Edward Nunes	Nunesed@nyspi.columbia.edu
Indian Harbor YC	Jack Kruse	regatta@indianharboryc.com
Riverside YC	Ellen Quinn	racecommittee@riversideyc.org
Old Greenwich YC	Eric Baker	Eric.Baker@morningstar.com



- A Gong 1 northeast of Wee Captain Island
- B N2, Flat Neck Point
- C Inflatable mark approximately 1.50 nm to windward of the start
- **D** Gong 32-A
- **G** Bell 36, Bluefish Shoal
- **H** Nun 2, west of Great Captain Island
- J Fixed IHYC mark off Calf Island

- K N4, Greenwich Harbor
- L N2, Greenwich Harbor
- **M** Inflatable mark to the port side of the starting line
- N Inflatable mark approximately 0.50 nm to leeward of the start
- Inflatable mark approximately 100 feet to windward of the starboard end of the starting line
- **P** Fixed mark north of Wee Captain Island

- **Q** Inflatable mark approximately 0.25 nm to leeward of the start
- **R** Fixed BHC mark south of Belle Haven Club
- **S** Inflatable mark approximately 0.75 nm to windward of the start
- T The finish mark located on the opposite side of the start boat from the starting line
- **U** Fixed IHYC mark NNE of Great Captain Island lighthouse

- V Fixed RYC mark west of Sugar Boat
- **W** Fixed RYC mark 0.25 nm ENE of Red Rock
- X Fixed IHYC mark SW WSW of Red Rock
- Y Inflatable mark approximately 0.50 nm to windward of the start
- **Z** Inflatable mark approximately 1.00 nm to windward of the start

Exceptions:

Government marks shall be passed on the channel side unless used as a mark of the course, with the following exceptions:

- Marks B, D, K and L may be passed on either side at the discretion of the skipper when not used as a turning mark
- Can C-3, west of Mark K, may be disregarded and left on either hand
- The channel between Cormorant Reef and Great Captain Island shall not be used
- Red Rock buoy and Newfoundland Reef buoy shall be passed on the south side
- Hen & Chickens buoy 1A and Cormorant Reef Red Nun "4" shall be passed on the north side
- The passage between Great Captain & Little Captain Islands shall not be used