



**Indian Harbor Yacht Club Winter Sailing Association  
2018/2019 Frostbiting Championship  
Indian Harbor Yacht Club, Greenwich CT**

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS).
- 1.2 Appendix S, Sound Signal Starting System will be used as modified per instruction 8.

**2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located in the Club's front lobby and at <https://groups.google.com/forum/#!forum/frostbiteihyc>.

**3. CHANGES TO THE SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions that relate to racing on the day of the change may be made orally per rule 90.2(c).
- 3.2 Other changes to the sailing instructions shall be posted to <https://groups.google.com/forum/#!forum/frostbiteihyc> by the Wednesday before that change is to take effect. Such changes will be communicated to fleet members via email.

**4. SCHEDULE OF RACES**

- 4.1 Racing is scheduled for every Sunday beginning November 11, 2018 and concluding April 7, 2019, with the exception noted in 4.2 below.
- 4.2 There will be no racing on Sunday, December 30, 2018.
- 4.3 The Fall Series will run from November 11, 2018 to January 20, 2019.
- 4.4 The Spring Series will run from January 27, 2018 to April 7, 2019.
- 4.5 Daily racing begins at 1400 with no starts after 1600.
- 4.6 As many races will be run each day as possible.

**5. RACING AREA**

- 5.1 Racing will be inside Greenwich Harbor or in the mooring field south of the IHYC clubhouse.
- 5.2 The spindle south of the town pier shall be passed to its southern side. Boats that pass to the north of the spindle have not sailed the course and may not unwind and re-round.

**6. COURSES AND MARKS**

- 6.1 Courses will be signaled from the west porch or from a signal boat.
- 6.2 Marks will be a combination of tall buoys, colored dropped marks and government marks.
- 6.3 The spindle to the south of the town pier is a mark.

## 7. AREAS THAT ARE CONSIDERED OBSTRUCTIONS

- 7.1 The area that extends from the spindle south of the town pier to the southernmost piling and north to the seawall is to be considered a continuing obstruction.
- 7.2 Ice attached to the docks or shore is an obstruction; ice that is floating freely is not an obstruction.

## 8. THE START

Races will be started by using Appendix S, Sound Signal Starting System modified as following:

Signal	Sound	Time Before Start
Warning	2 long	2 minutes
Preparatory	1 long, 1 short	1 ½ minutes
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
Start	1 blast each remaining second	5 seconds
	1 long	0 seconds

Absent verbal instructions from the race committee, the start will be between red and white striped post either inside the clubhouse or the west porch and a nearby mark.

## 9. CHANGE OF THE NEXT LEG OF THE COURSE AND RACE SHORTENING

Courses may not be changed nor races shortened. This changes RRS 32 and 33.

## 10. THE FINISH

Absent verbal instructions from the race committee, the finish will be between red and white striped post either inside the clubhouse or on the west porch and a nearby mark.

## 11. PENALTY SYSTEM

A boat may take a one-turn penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a two-turns Penalty. This changes rule 44.1.

## 12. TIME LIMITS

- 12.1 If no boat has passed the first mark 20 minutes after the start, the race will be abandoned. This changes rule 62.1(a).
- 12.2 The time limit for all boats is 40 minutes. Boats failing to finish with the time limit will be scored Time Limit Expired (see 14. SCORING) without a hearing. This changes rules 35, A4 and A5.

## 13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1 A protesting boat shall report her intention to protest to the race committee at the conclusion of the race.
- 13.2 Protest forms will be at the IHYC front desk located in the front lobby of the main clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.3 The protest time limit is 45 minutes after the last boat has finished the last race of the day.
- 13.4 Protests shall be heard as soon as practical following the conclusion of racing.

## 14. SCORING

- 14.1 **Qualifying:** The Frostbiting Championship will consist of the races in the Fall and Spring series. One race is required to be completed to constitute a series. To qualify for the Fall Series or Spring Series a sailor shall start at least one race on at least 50% of the races days in that Series. To qualify for the Championship a sailor shall qualify for both the Fall and the Spring Series. Serving on Race Committee will count as a day sailed, up to a maximum of one day per series.
- 14.2 **Race Scores:** The winner of a race will receive points equal to the highest number of boats that compete in a race on that day. Second place receives one point less, and so on. The winner of the day will have accumulated the greatest number of points. Boats scored DNC, DNS, OCS, DNF or DSQ shall be awarded zero points. Boats scored TLE will be awarded points equal to the points received by the last boat to finish within the time limit minus two, but not less than zero.
- 14.3 **Series Scores:** The series and season score for each boat will be a percentage calculated as follows: divide the sum of her race scores by the sum of the points she would have scored if she had placed first in every race in which she competed; multiply the result by 100. The qualified sailor with the highest series score is the winner, and others are ranked accordingly. No race scores shall be excluded.
- 14.4 **Ties and Other Rules:** Race ties will be handled using rule A7. Series ties will be broken using rule A8.1. Rules A1, A5, A6, A10 and A11 also apply.

## 15. DIVISIONS

- 15.1 Sailors will be scored by divisions within the fleet as well as overall.
- 15.2 Sailors will be divided into two divisions: A and B.
- 15.3 Sailors who qualified for a prior series and achieved a high point percent of perfection of .500 or greater shall be assigned to the A division.
- 15.4 A sailor who qualifies in a series and achieves first place in B division for that series shall be assigned to the A division for subsequent series.
- 15.5 Sailors once assigned to the A division shall remain in that division.
- 15.6 If a skipper did not qualify in a prior season, the Race Committee will assign the skipper to a division.

## 16. PRIZES

- 16.1 The William Dyer Trophy will be awarded to the sailor with the highest score who qualifies for the Season.
- 16.2 The Harry L. Moore Frostbite Trophy will go to the winner of either the Fall or Spring Series that has the highest winning percentage for the single series.
- 16.3 The Cunningham Trophy will be awarded to the female sailor with the highest score who qualifies for the Championship.
- 16.4 In addition to the perpetual trophies, prizes will be awarded to the top three qualifiers in each fleet in the Fall and Spring Series.
- 16.5 Daily prizes shall be at the discretion of the Organizing Authority.

## 17. SAFETY

- 17.1 Competitors shall wear a Class III personal floatation device while sailing.
- 17.2 No racing shall be held unless at least one working rescue boat is present and on station.
- 17.3 No racing shall be held if either of the following conditions exists:
- Wind chill less than 0°F. The National Weather Service wind chill chart shall be used: see <https://www.weather.gov/safety/cold-wind-chill-chart>
  - Wind speed gusting in excess of 25 knots
- 17.4 If at any point during a race all rescue boats are engaged in recovering sailors whose boats have capsized, that race is automatically abandoned and competitors are to head to the nearest shelter.

## 18. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.