



**Indian Harbor Yacht Club Winter Sailing Association
2023-2024 Frostbiting Championship
Indian Harbor Yacht Club, Greenwich CT**

SAILING INSTRUCTIONS

1. RULES

- 1.1. The series will be governed by the Racing Rules of Sailing (RRS).
- 1.2. Oral changes to the sailing instructions may be made on the water and will be communicated by loud hailer.
- 1.3. Appendix U, Sound Signal Starting System will be used as modified in SI 8.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the front hall of the clubhouse.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be communicated orally.
- 3.2. If a postponement is announced ashore, the warning signal will be made not less than ten minutes after the postponement has ended and has been communicated.

4. RACING AREA

- 4.1. Racing will be inside Greenwich Harbor or in the mooring field south of the IHYC clubhouse.

5. COURSES AND MARKS

- 5.1. Courses will be signaled from the west porch or from a dock or a signal boat.
- 5.2. Marks will be a combination of tall buoys, colored dropped marks and government marks.

6. AREAS THAT ARE CONSIDERED OBSTRUCTIONS

- 6.1. The area between the yellow stake south of the town pier and the end of the town pier is deemed a continuing obstruction. Boats that transit this area shall be deemed not to have sailed the course and will be disqualified without a hearing. This changes rules 35, A4 and A5.
- 6.2. Ice attached to the docks or shore is an obstruction; ice that is floating freely is not an obstruction.

7. THE START

- 7.1. Races will be started by using Appendix U, Audible-Signal Racing System, modified as follows:

Signal	Sound	Time Before Start
Warning	2 long	2 minutes

Preparatory	1 long, 1 short	1 ½ minutes
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
Start	1 blast each remaining second	5 seconds
	1 long	0 seconds

- 7.2. If racing is run from the clubhouse or a dock, the start line will be between a red and white striped staff on shore and the course side of a nearby mark.
- 7.3. If racing is run from the water, the start line will be between a red and white striped staff on a float or boat at one end of the line and the course side of a nearby mark.

8. CHANGE OF THE NEXT LEG OF THE COURSE

Course changes will be communicated orally. This changes rule 33.

9. THE FINISH

- 9.1. If racing is run from the clubhouse or a dock, the finish line will be between a red and white striped staff on shore and the course side of a nearby mark.
- 9.2. If racing is run from the water, the finish line will be between a red and white striped staff on a float or boat at one end of the line and the course side of a nearby mark.

10. TIME LIMITS

- 10.1. The time limit for the first boat to sail the course and finish is 30 minutes.
- 10.2. Boats failing to finish within five minutes of the first boat to sail the course and finish within the time limit shall be scored Time Limit Expired (see 15. SCORING) without a hearing. This changes rules 35, A4 and A5.

11. PROTESTS AND REQUESTS FOR REDRESS

- 11.1. A protesting boat shall report her intention to protest to the race committee at the conclusion of the race.
- 11.2. Protests and requests for redress will be adjudicated using “Three Minute Justice” as described in Addendum B of the Notice of Race. This modifies RRS 61, 62, and 63.

12. SAFETY

- 12.1. Competitors shall wear a non-inflatable Class III personal floatation device while sailing.
- 12.2. No racing shall be held unless at least one working rescue boat is present and on station.
- 12.3. No racing shall be held if either of the following conditions exists:
- 12.3.1. Wind chill less than 0°F. The National Weather Service wind chill chart shall be used: see <https://www.weather.gov/safety/cold-wind-chill-chart>
 - 12.3.2. Wind speed gusting in excess of 25 knots, as measured from the IHYC weather station or in its absence a nearby station.
- 12.4. If at any point during a race all rescue boats are engaged in recovering sailors whose boats have capsized, that race is automatically abandoned and competitors are to head to the nearest shelter.

13. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3 & 4. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after the regatta.