



Indian Harbor Yacht Club Winter Sailing Association 2024 New Year's Day Regatta

Monday, January 1, 2024

1400-1600

Indian Harbor Yacht Club, Greenwich CT

SAILING INSTRUCTIONS

As of 12/24/2023

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS).
- 1.2 Per rule 90.2(c), oral changes to the sailing instructions may be made on the water and will be communicated by loud hailer.
- 1.3 Appendix U, Sound Signal Starting System will be used as modified per instruction 9.
- 1.4 Protests and requests for redress will be adjudicated using "Three Minute Justice" as described in Addendum B of the Notice of Race. This modifies RRS 61, 62, and 63.
- 1.5 Sails shall conform to the Norwalk/Indian Harbor standard. Conforming sails will be made available if needed.
- 1.6 Competitors (and ballast if any) shall have a minimum weight equal to the lesser of 200lb or 135% of their fully dressed body weight. Any ballast shall be self-buoyant and non-movable while racing.
- 1.7 Competitors shall wear a non-inflatable Class III personal floatation device while sailing.

2. ENTRIES

- 2.1 Entries and weigh-ins are to be completed during the registration period from 1300 to 1330.
- 2.2 There is a \$20 entry fee payable by check or club charge (no cash).

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the front hall of the clubhouse.

4. CHANGES TO THE SAILING INSTRUCTIONS

- 4.1 Any written changes to the sailing instructions will be posted at least 30 minutes prior to the first scheduled warning on the day it will take effect. In the event such a change is made, the change will be communicated orally to all competitors prior to the first start in which the change is to take effect.
- 4.2 Prior to the warning signal of a race, a race committee running races from a signal boat or a float may make an oral announcement of changes to the sailing instructions.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be communicated orally.
- 5.2 If a postponement is announced ashore the warning signal will be made not less than ten minutes after the postponement has ended and has been communicated.

6. SCHEDULE OF RACES

1300-1330	Registration and weigh-in
1330:	Competitors' meeting
1400	First warning
1600	No new warnings after this time.

7. COURSES AND MARKS

- 7.1 Courses will be announced orally.
- 7.2 Courses may be windward-leeward (finish downwind), windward-leeward-windward (finish upwind), triangular (windward-reach-reach-windward) or modified (windward-reach-reach-windward-leeward-windward).
- 7.3 Gates may be used.
- 7.4 Marks will be a combination of some or all of the following: red and white striped staff, colored balls, government marks.

8. AREAS THAT ARE CONSIDERED OBSTRUCTIONS

The area between the yellow stake south of the town pier and the end of the town pier is deemed a continuing obstruction. Boats that transit this area shall be deemed not to have sailed the course and will be disqualified without a hearing. This changes rules 35, A4 and A5.

9. THE START

- 9.1 Races will be started by using Appendix U, Sound Signal Starting System modified as follows:

Signal	Sound	Time Before Start
Warning	2 long	2 minutes
Preparatory	1 long, 1 short	1 ½ minutes
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 blast each remaining second	5 seconds
Start	1 long	0 seconds

- 9.2 If racing is run from the clubhouse or a dock, the start line will be between a red and white striped staff on shore and the course side of a nearby mark.
- 9.3 If racing is run from the water, the start line will be between a red and white striped staff on a float or boat on the starboard end of the line and the course side of a nearby mark.

10. CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 10.2 Course changes will be communicated orally. This changes rule 33.

11. THE FINISH

- 11.1 If racing is run from the clubhouse or a dock, the finish line will be between a red and white striped staff on shore and the course side of a nearby mark.
- 11.2 If racing is run from the water, the finish line will be between a red and white striped staff on a float or boat on the starboard end of the line and the course side of a nearby mark.

12. PENALTY SYSTEM

- 12.1 For courses other than no-gybe courses, a boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty. This changes rule 44.1.
- 12.2 For no-gybe courses, a boat may take a 30% scoring penalty when she may have broken a rule of Part 2 or rule 31 while racing. This changes rule 44.1.

13. TIME LIMITS

- 13.1 The time limit for the first boat to sail the course and finish is 30 minutes.
- 13.2 Boats failing to finish within five minutes of the first boat to sail the course and finish within the time limit shall be scored "TLE."

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1 A protesting boat shall report her intention to protest to the race committee at the conclusion of the race.
- 14.2 Protests and requests for redress will be adjudicated using "Three Minute Justice" as described in Addendum B of the Notice of Race. This modifies RRS 61, 62, and 63.

15. SCORING

- 15.1 The Low Point Scoring System of RRS Appendix A will be used.
- 15.2 If five or more races are sailed each competitor's worst score for the regatta will be discarded.
- 15.3 Any boat that finishes a race that has to be halted because two or more boats have capsized or swamped shall receive a score according to its finishing position as if all boats had finished; boats still racing and not capsized/swamped at the time racing is halted shall receive the greater of their average score for the regatta or a score one place higher than the last boat to finish in that race; capsized/swamped boats shall receive a score of DNF.
- 15.4 Boats scored "TLE" shall be awarded points equal to the number of boats that finished within five minutes of the first boat to finish within the time limit plus two, without a hearing, This changes RRS 35, A4 and A5.

16. PRIZES

- 16.1 Prizes will be awarded for the first, second and third places
- 16.2 The Van Waveren Trophy will be awarded to the winner of the New Year's Day Regatta.

17. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

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