
TELLTALE

2018 Indian Harbor Yacht Club Junior Sailing

Sprites

This week in Sprites we learned a lot about the basics of sailing! We started the week off by becoming knights of Indian Harbor Yacht Club with our new Indian Harbor buffs. We then tied an Ideal 18 up to the dock so the kids could get a first look at the boat in a safe and fun environment! The kids picked up the parts of the boat really fast! Throughout the week we reviewed the bow, stern, mast, main sail, jib, main sheet, rudder, starboard, and port. We set sail in the Ideals where the kids took turns learning how to steer the boat, pull in the main sail, and switch the jib! They really got the hang of steering the boat. We also went over how to tie a square knot and a figure-8 knot. We finished the week off hunting for buried treasure on Captain's Island! We had a really fun week and learned a lot about sailing. – Tory

Opti 1

It was a very fun and active week for the Opti 1 group at Indian Harbor. The sailors learned how to properly rig an Optimist as well as all the boat parts. They also practiced important knots we use on the boats such as the square knot and the bowline. They sailed in pairs and perfected their steering and body positioning while also having a lot of fun. On land, they bonded over games such as musical life jackets and also learned how to sheet the main during a land drill. The group made the best out of the weather and had fun making their own burgees while they waited to go out sailing. Overall, it was a great week full of learning and we are excited for the next! - Camila



Opti 2

The Opti 2's got off to a great start during our first week of sailing. All sailors completed their swim test as well as their capsize recovery test. In the beginning of the week, the sailors reviewed the points of sail and practiced trimming their sails properly. As the week progressed, the sailors continued to show growth by focusing on improving their upwind sailing abilities. By the end of the

week, all sailors were able to successfully complete at triangle course. On Friday, the Opti 2 sailors put

all of their skills together to sail out to Great Captains Island to find the hidden treasure. Next week, we start to talk about racing! - Jack



Pirate Day on Great Captains Island!

Feva Race Team

This week we started with assessing the skills of the class and making goals to improve! With regattas coming up quickly, we placed an increased emphasis on covering all the basics such as upwind sail trim, steering in “the groove”, downwind spinnaker trimming with sets, douses and gybes, and the all-important starts. Everyone is improving quickly and we can’t wait to see everyone test their skills in the upcoming regattas! – Lindsay

Opti Race Team

This week, the Opti Racing team learned a lot. The first few days we focused on rigging the sail properly, and getting the boat tuned for max performance. We then learned the basics of racing and how to get a proper start. Although the weather made it challenging for us to go out sailing every day, the team had time to practice their skills on land with activities like knot tying, strategy, and proper tacking technique. With just a short week of sailing, I’ve already noticed their improvement, and I am excited for more weeks of racing and learning. - Casilda

Adventure Sailing

This week in adventure we have explored many parts of Captains harbor in a multitude of vessels. On Monday we went out in Fevas and practiced our sailing skills in preparation for our distance sail to Belhaven. Then on Tuesday we sailed Hobiecats to Belhaven where we beached them and enjoyed some ice cream before practicing our sailing skills in captains harbor before heading back in. On Wednesday the entire afternoon program got on the Hobies for some high wind match racing. On Thursday we used the paddle boards and went on a long distance adventure to Captain’s island. Friday was Pirate Day and we sailed the Hobies to Captain’s island for a treasure hunt. After that we left to get in some sailing practice before heading in. – Connor



C420/Laser Race Team

This week was full of learning for the Laser/420 Race Team. We began the week making the proper adjustments to get the most speed out of each boat. While getting used to new boats and different crews/skippers, we practiced skills such as tacking, jibing, sailing upwind and starting. After many drills and boat handling maneuvers, the improvement was evidenced with our practice races the last day.

The group is eager to learn and we are excited to see what the next weeks bring! - Camila

Upcoming Events...

- ❖ **Law Trophy** – July 1st and 2nd
- ❖ **Fourth of July!** -- Have an awesome holiday! There will be no sailing program.
- ❖ **Eastern Districts** – Thursday, July 5th at Noroton YC for Feva, C420, Laser, and Radials
- ❖ **JSA Girls Radial Champs** – July 7th at American YC