
TELLTALE

Indian Harbor Yacht Club Junior Sailing

Sprites

Sprites had a fun-filled third week! On Wednesday, Sprites got a taste of racing when we competed with the Opti 1 and Opti 2 classes in a mini Ideal 18 regatta. We learned how to do a 3 minute and how to sail a windward leeward race course. It was awesome to get our competitive juices flowing! On Friday Funday it poured, but that didn't dampen our spirits. Sprites teamed up with Optis in a Junior Olympics where we designed team burgees, competed in dance battles, and tested our knowledge at sailing jeopardy. Our very own Sullivan Wieting stole the show with his Gangnam style dance moves! Friday ended with a splash when the kids jumped off the dock in the pouring rain. We look forward to great last week! – Emily

Opti 1s

This week was full of advances for the Opti 1 class. On Monday, sailors were introduced to the "hotdog" course and the triangle course and by the end of the week, were sailing around them like little pros. Sailing closed courses demonstrates a level of command that requires both mental knowledge and physical execution. In addition, we learned how to tack multiple times, or "zigzag," upwind through the "no-go zone". While each child gained further knowledge of sailing, we set aside time each day to cool off with a bit of swimming; a much earned break after a morning in the sun. We concluded this successful week with Junior Olympics on Fun Friday, which included a host of competitions and ended with the prize of getting to push Coach

Sophia into the water. The week ended with a smile, a splash, and a brand new memory of pure summer fun. – Sophia & Tuck



Opti 1s turn their boat into a bathtub

Opti 2s

With a range of conditions this week, Opti 2s continued to work on boat handling skills and were introduced to the competitive mindset. We worked on drills including one where the coach motors upwind and signals for sailors to race to her, creating many close-calls, near-collisions, and even language that had to be discussed on land. As a treat, we raced in Ideal 18s on Wednesday and the group quickly adapted to working as a team on the keel boat. We ended the week on a very high note. The group sailed the entire way to Belle Haven and back, pausing for a brief raft-up and dip in the water to cool off. We were thrilled to see how the group agreed to only go for a swim when every Opti made it to the stop point; even if it meant turning back to help

the last boats. We had great fun, and they make us insanely proud. – Antonia & Jack

Opti 1/2s

Opti 1/2s had a great third week! We started the off sailing an Ideal 18 and spent the rest of the week practicing different sailing skills in the Opti. Opti 1/2 sailor Annabelle had this to say about the week, "I have improved on sailing the Opti with my fellow sea people who motivate me!" At the end of the week we celebrated Friday Funday in the Hobie Cat with the adventure class! This week we look forward to our Mid-Summer Award Ceremony. – Emily

Opti Race Team

I am very proud of the Opti Race Team for making huge improvements this week. We took experiences from the Riverside regatta and integrated the lessons into our practice program. We practiced all the tactics and skills we needed to work on, which led to a ton of improvement in each racer. Sailors demonstrated this advancement during the Captains Cup on Thursday. Although it ended early because of stormy weather, each racer was excited to apply what they developed during the week. To balance out all the hard work the race team put in, we went paddle boarding and played sailing related games on Fun Friday. Based on this week, I'm excited to see the progress that's in store for these racers. – Sophia



Emmet Debs prepping his sail for a race

Adventure Sailing

The Adventure class continued having fun this week sailing on Hobies. During the week, sailors were faced with many different wind conditions. During the days with heavy breeze, the Adventure Sailors were eager to get on the water. The sailors were able to successfully sail on all points of sail and managed to get one of the pontoons out of the water from sailing so fast! Although there were some days on the sound with light winds, that didn't stop the Adventure Class from getting on the water. The Adventure sailors continued to sail in the small pockets of wind. Eventually, once it got too hot, we capsized the boat and went for a swim! – Jack

C420 Race Team

The third week was spent learning racing skills. We did exactly 50 starts and 20 races in total! By the end of the week, sailors were beginning to develop personal starting strategies. My sailors presented this progress in the Captain's Cup race and in practice races against Belle Haven and Riverside. Sailors also continued acquiring general knowledge of boat maintenance and assured their boats were neat for future sailing. At the end of the week, we packed up and towed to Larchmont Yacht Club in the stormy weather; our first adventure together. Next week is our first regatta. I look forward to coaching my hard-working sailors through this experience.

– Antonia



420 sailors buckle in for a high-speed tow!

Coming Events...

- ❖ **Opti Vespers** – Thursday, July 20th
- ❖ **Larchmont Opti Day** – Thursday, July 20th
- ❖ **Friday Funday Halloween Day** – Friday, July 21st
- ❖ **Mid-Summer Awards** – Friday, July 21st
- ❖ **Opti Area B Regatta at AYC** – Saturday July 22nd
- ❖ **Friday Funday Christmas in July** – Friday, July 28th
- ❖ **Feva North American Championship** – August 3-4 at Indian Harbor Yacht Club
- ❖ **IHYC Parent/Child Regatta** – Friday, August 11th