

TELLTALE

Indian Harbor Yacht Club Junior Sailing

Sprites

Sprites had a busy final week of session one! On Wednesday we did our capsizing test in preparation for moving from Ideals to Optis. All Sprites performed excellent capsize and righted their boats with confidence. On Friday, we towed in Optis to the green gong and practiced our steering. It has been a great first session of Sprites. Every Sprite has improved tremendously and we now share SO many amazing memories. I am very proud of all of them! – Emily



Isabella Shore steers while Sullivan Wieting works the main sheet

Opti 1s

Opti 1's final week was exciting. As a culmination of the skills and knowledge acquired over the four-week session, Sophia and I introduced racing into the Opti 1 curriculum. Sailors began by learning about starts and discussing starting strategy. On the water, we raced on a triangle course with three-minute racing starts. This exercise required our sailors to zig-zag upwind to the weather mark, reach across the wind to the gybe mark, sail downwind to the leeward mark, and then

race back up to the finish. We balanced out our days with some enjoyable swimming and shared pizza together at our awards celebration on Friday. Thank you all for a great first session! – Sophia & Tuck



Connor, Teddy & Thomas all smiles on an Opti raft-up

Opti 2s

During the final week of the session, Opti 2s continued developing starting and racing skills. Thursday night was a beautiful evening with mild conditions; perfect for the Opti Vespers regatta. All the junior Opti sailors gathered in front of the junior docks to race a triangle course as parents looked on giddily from the dock. The starts were hectic with some close-calls, tears, and many triumphs. Each sailor honored the marks and made their way around the course. The night ended with many

chocolatey smiles and stained t-shirts from ice cream sundaes. On our last day together, we sailed all the way out to the gonging buoy where we had one final raft up and swim. What an amazing time with this group of sailors. To Will, Kate, Page, Connor, Richard, Teddy, Lee, and Maud, thank you for working so hard with me! – Antonia

Opti 1/2s

Opti 1/2s had an enjoyable final week of the session. On multiple days, the Opti 1/2 class joined up with the adventure squadron to sail Hobie Cats and RS Fevas. On one particularly hot and windless day, the Opti 1/2s took to paddle boards and kayaks for some classic Indian Harbor pirate adventuring. In addition, we worked on starts and the triangle course to prepare for the Opti Vespers regatta on Thursday night. To all of my sailors, thank you for a great session! – Emily



Nine sailors competed in the first Opti Vespers regatta of the season

Opti Race Team

Opti Race's last week was filled with intense training and excitement. The beginning of the week was spent in preparation for the Larchmont Yacht Club Opti Day and American Yacht Club Area B regattas. The racers worked on starts, boat speed, and how to maintain laser focus on the race course. On Thursday, they raced at LYC Opti Day and, without a break, practiced on Friday for AYC Area Bs. Congratulations to Emmett and Sophia Debs for qualifying for JSA Optimist Champs! – Sophia

Adventure Sailing

Adventure sailors continued to build new skills while exploring Captains Harbor. We started off the week by sailing to different destinations in Captains Harbor and practiced technique on all points of sail. The week ended with sailors paddle boarding and kayaking with their Opti compatriots in the cove. Thank you adventurers for a great session! – Jack

C420 Race Team

This week began with three days of solid breeze at Larchmont Race Week. This was a key learning experience for the sailors. It was very hot and they were especially exhausted after the famous mid-regatta dance party. Each day, they were exposed to new racing tools. I pushed them to start competitively; this way they could have options for the race. It payed off; on the last day, they had a chance to play with wind shifts and the lead fleet. Wednesday ended on a very high note and we towed back home under a picturesque sunset. We spent the last days of the session sailing casually and reflecting on how much fun this session has been. A sailing team attracts all kinds of personalities that would most likely clash in any other setting, but, ultimately respect each other on the water. This group has created that kind of atmosphere; as I'd hoped for. Mark, Will, Logan, Matthew, Jack, Naomi, Rafe, and Demi, I am so proud to have coached you, and hope to teach you more in the future! – Antonia



420 sailors looking good before the Larchmont Dance

Session One Awards

Sprites

- Most Improved – Isabella Shore
- Most Spirited – Sullivan Wieting
- Seamanship – Christian Zakka

Opti 1

- Most Improved – Quint Sconzo
- Most Spirited – Maximus Gabelli
- Seamanship – Thomas Oliver

Opti 1 & 2

- Most Improved – Cooper Auerswald
- Most Spirited – Anabelle Elkin
- Seamanship – Kira Ratan

Opti 2

- Most Improved – Maud Fiorello
- Most Spirited – Connor Rusch
- Seamanship – Richard Breeden

Adventure

- Most Improved – Tucker Pedersen
- Most Spirited – Arjun Ratan
- Seamanship – Eric Lorenz

Opti Race Team

- Most Improved – Emmett Debs
- Most Spirited – Jordi Helme
- Seamanship – Sophia Debs

420 Race Team

- Most Improved – Mark Lorenz
- Most Spirited – Jack Hayes
- Seamanship – Naomi Pedersen

Upcoming Events...

- ❖ **Friday Funday Christmas in July –**
Friday, July 28
- ❖ **Opti Team Race Clinic & Regatta –**
Friday, July 28 at Port Washington
Yacht Club
- ❖ **Feva North American
Championship –** Thursday &
Friday, August 3-4 at Indian Harbor
Yacht Club
- ❖ **Monkey Cup (Opti Green Fleet) –**
Friday, August 4 at Riverside Yacht
Club
- ❖ **Belle Haven Opti Regatta –**
Monday, August 7 at Belle Haven
Club
- ❖ **Pequot Invitational
420/Laser/Feva Regatta –** Monday
& Tuesday, August 7 and 8
- ❖ **IHYC Parent/Child Regatta –**
Friday, August 11